



Firefighter Rehab Procedure



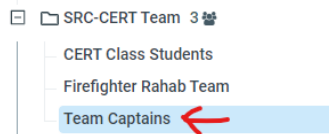
Firefighter rehabilitation involves providing a safe area that the firefighters can get away from the incident they are working to cool down, drink water, refresh their electrolytes, and have a snack. Our CERT is responsible specifically for those activities. The assessing of a firefighter’s vital signs and other health needs will be completed by EMS.

Santa Rosa County CERT provides 2 levels of rehabilitation services. Level 1 is water only delivery while level 2 involves the setup of a full rehabilitation area.

Level 1 Rehabilitation

The initial level of rehab services strictly involves delivery of coolers of water at the request of an incident commander on scene at a fire. This level of service can be provided by a single CERT volunteer. A cooler and bottles of water have been staged in the north, central, and south areas of the county.

Level 1 rehab calls will be sent by SRC Communications Dispatchers to our CERT Team Captains & Coordinator via Everbridge. One of the CERT Captains or the coordinator will notify SRC Communications via the EM Admin channel or via phone to the non-emergency line once a resource is identified to complete the delivery. If CERT is unable to respond, the EM Chiefs should be notified via Everbridge.



If the CERT Team Captains or Coordinator are unavailable to deliver it, they will coordinate via a group text message to identify who will utilize Everbridge to notify the full rehab team and identify a volunteer to deliver the cooler.

Water Locations

- Southern Santa Rosa
 - Holley Navarre Station #43 - 8205 E Bay Blvd, Navarre, FL
Cooler & water - CERT trailer
Ice location – TBD
- Central Santa Rosa
 - Santa Rosa County Emergency Operations Center - 4499 Pine Forest Road, Milton, FL
Cooler & water - Training portable (Key located in lockbox on stairs)
Ice location – Ice machine behind EOC
- Northern Santa Rosa
 - Location TBD - Address TBD
Cooler & water – TBD
Ice location – TBD

A CERT Team Captain or the volunteer that delivered the water should check-in later that day or the next with the department that received the water to retrieve the cooler and return it to the storage location.



Firefighter Rehab Procedure



Level 2 Rehabilitation

This level of rehab service involves the setup of a complete rehabilitation area to include tents, fans, chairs, water, sports drinks, and snacks. This level of service will be provided for any 2 alarm fires and above automatically or at the request of a fire incident commander via Santa Rosa County Fire Dispatch.

When level 2 rehabilitation is requested, Santa Rosa County Communications Dispatchers will tone out the CERT Team and the Captains and CERT Coordinator will receive notification via text. The CERT leadership team will coordinate via a group text which person will lead this activation. The leadership volunteer will respond to dispatch via radio using the EM Admin channel that they are responding to the EOC for supplies. If the leader's radio is not available, they will call the Santa Rosa County Communications non-emergency line (850-983-5372.). If CERT is unable to respond, the EM Chiefs should be notified via Everbridge by Santa Rosa County Communications.

The CERT leadership member responsible will then utilize Everbridge to notify the firefighter rehab list that our services have been requested in the following format with a poll question of "Can you respond?" Yes or no:

Firefighter rehab activation in (SOUTH/CENTRAL/NORTH) Santa Rosa

Team lead: (Name of CERT Leadership Member)

Contact #:

Staging location:

Once the CERT leadership member has had 1-2 "Yes" responses, they will stop the Everbridge notification and contact those team members directly with further instructions.

Currently, all rehab supplies are located in the training portable at the Santa Rosa County Emergency Operations Center. A key is kept within the lockbox on the stairs. The volunteer that arrives first will begin preparing supplies for deployment. These supplies include:

- QTY 1-Sign in/out log
- QTY 2-Kore Cooler Chairs
- QTY 6-Camping chairs
- QTY 2-Portable canopies (10x10 or 12x12)
- QTY 3-Coolers
 - One with water (Pre-cooled water in cooler outside EOC)
 - One with sports drinks (Pre-cooled drinks in cooler outside EOC)
 - Cooling towels (Fill half with water from hose and add ice)
- QTY 1-Snack box
- QTY 2-6' Folding tables
- QTY 1-Large fan
- QTY 1-Ryobi charger with 6 batteries
- QTY 2-Ryobi misting fans
- QTY 2-5 gallon buckets (fill with water)
- QTY 1-Dirty towel bag
- QTY 2-Trash bags
- QTY 1-First aid kit



Firefighter Rehab Procedure



Volunteers should carpool in a single vehicle if possible. A spare set of CERT team magnetic signs and a magnetic amber lightbar are located with the rehab supplies. If the CERT Coordinator is responding, the team will use an Emergency Management Vehicle.

- When all supplies have been loaded, the team leader should notify dispatch via the EM Admin channel that they are enroute to the scene from the EOC.
- Once on scene, the team leader should notify dispatch that they are on scene and ask what channel incident command is on.
- The team leader will then switch to that channel and say “XYZ Incident Command from CERT XX” (where XYZ is the name of the fire scene, typically the street, and XX is your CERT unit number.)
- The team leader will let the incident commander know they are on scene and ask where the IC would like the rehab area established.
 - In general, this area will be away from the fire scene so these calls should be made when near the scene but not directly at the fire. It should be setup in a manner in which not to draw in smoke or other carcinogens from the fire into the rehab area with the fans.
- Once the location has been identified, the team will setup the tents and other required equipment.
 - The Kore Kooler chairs should be filled with luke warm water
 - The team leader should keep an ICS-211P to log volunteers’ arrival and departure time
- As firefighters arrive to utilize the rehab area, a member of the rehab team should get their name, battalion/apparats number, and log their time in and log them out when they leave.
 - As firefighters sign in, encourage them to remove as much of their gear as possible to enable them to cool down
 - Don’t force but strongly encourage them to hydrate
 - Offer them cooling towels, snacks, etc.
 - Be kind and friendly. Don’t ask questions about the fire, we are there to help them be able to go back and continue their work. Be sure to thank them for their service.

The rehab area should not be shut down until given clearance to do so by the Incident Commander. Once given clearance, break down the area and ensure any trash is collected. The team leader should notify dispatch via the EM Admin channel that the team has been released by incident command and they are returning to the EOC. Ensure the log files from the incident are put in the log files bin in the training portable by the door. Please notify that CERT Team Coordinator that there are cooling towels that need to be washed & sanitized.

Closure

In either level 1 or level 2 rehabilitation, the CERT Captain or Coordinator that led the team or sent a volunteer with the cooler should verify that the volunteers returned home safely and turn in any relevant forms to the CERT Coordinator (including volunteer hours.)